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Help Kit: 6 to 8



The Sentences

Work Out!

Tick Mark

Tick (✓) the correct option:

Ans. 1. b. 2. b. 3. b.

Completion

Fill in the blanks:

Ans. 1. Things were fine for a while until Kabir and his wife began to illtreat the old man.

- 2. There was not a single man in the entire town for whom he had not done a **favour.**
- 3. The old uncle approached the council members to plead his case.
- 4. Hearing this, Ali agreed to sit on the judge's **chair.**
- 5. As Kabir looked on, feeling more **confused** with each passing second, Ali closed his eyes.

Work Out

Answer the following questions:

- Ans. 1. Ali was hesitant to become the judge because Kabir was his friend and he did not want to break his friendship with him.
 - 2. Yes, it's difficult to pass a judgement against a friend because it can be the cause of break in friendship.
 - 3. We can see the 'Lady of Justice' in the courts. She holds the balance and blindfold her eyes which shows 'All justices are equal under the law'.
 - 4. Yes, Ali did the right thing. If I were in his place, I will do the same.
 - 5. Yes, I agree.
 - 6. Kabir's uncle is the another character, apart from Ali, who shows himself to be fair and impartial.

Discussion

Ans. Do yourself.

Fun Time

Decide whether the following situations are fair or not. Write 'Y' for yes or 'N' for no:

Ans. 1. N 5. N 2. N 6. N 3. N 7. Y

4. Y 8. N

Diary Time

Ans. Do yourself.

Tick Mark

Tick (\checkmark) the correct option :

Ans. 1. c. 2. a. 3. b.

Completion

Fill in the blanks:

Ans. 1. The little steam engine had never gone on the big steam engine's route.

- 2. The little steam engine was desperate, for the climb seemed really **overwhelming**!
- 3. The big steam engines had called him 'stupid' and 'dumb' but here was another little engine that found him **smart**!
- 4. Both the little steam engines went to the head of the **train**, one behind the others.
- 5. Very soon they were over the hill and going down the other side.

Work Out

Answer the following questions:

- **Ans.** 1. The little steam engine task was to go on the big steam engine route. Persuading himself that he will be able to do the big engines work, the little engine started out.
 - 2. The little steam engine was feeling uneasy and apprehensive because of his low confidence.
 - 3. The other little steam engine told the little steam engine that although he is also a little engine yet he can do it. He also told him that he was smart too and together they can climb up the hill soon.
 - 4. The big steam engine had called little steam engine stupid and dumb. Hearing this the little one thought that he cannot go on the hill. There was another little engine that called him smart! Hearing this the little steam engine felt a surge of confidence. Together they were very soon over the hill.
 - 5. The first big steam engine said to little steam engine that he was stupid and he did not had the time to help him. Hearing this he decided to wait for sometime. Then he asked for help to second big steam engine. The second one told him the he had just finished a long run and ask some other engine to help him. Hearing this the little engine felt low. He thought that he cannot climb a hill. Then came a little engine and told him that he was smart. The little engine felt a surge of confidence.
 - 6. I think that being of small size cannot undermine confidence. In the given story the first one small engine was lack of self confidence and the other small engine was full of self confidence. Our success depend on our confidence but not on our size.

Discussion

Ans. Do yourself.

Diary Time

Ans. Do yourself.

3

The Moral Strength

Work Out!

Tick Mark

Tick (\checkmark) the correct option :

Ans. 1. a.

2. a

Completion

Fill in the blanks:

- **Ans.** 1. After watching around for a long time they could not find water to quench their **thirst.**
 - 2. The four pandvas Bhima, Arjun, Nakul and Shadav went one by one to have the water but none of them **returned.**
 - 3. But when he saw his brothers lying unconscious near the pond unable to restrain his grief, he lifted his **voice and wept.**
 - 4. Then he too descended into the pool, drawn to the water by an over powering **thirst.**
 - 5. It is by association with the great in wisdom that a person gets wisdom.

Work Out

Answer the following questions:

- **Ans.** 1. Character is the most important virtue of our life and personality.
 - 2. Courage and mind.
 - 3. The pool belonged to Yaksha.
 - 4. A man gains wisdom and knowledge by being in the company of the wise.

Discussion

Ans. Test Yourself.

- 1. Doing good deeds to other makes us fell good. More we help people, the more people want to help us. Help as many people as we can. It will come back around us. We should expect nothing in return. Help them because we care and don't obsess over the results.
- 2. A man of character bears 'dharma', justice, politeness, impartiality, humility, contentment and many other things which make him stand out in a crowd. Nobody likes a characterless person. Character is the most important virtue of our life and personality.

Diary Time

Ans. Do it yourself.

Tick Mark

Tick (\checkmark) the correct option :

Ans. 1. b. 2. a. 3. b.

Completion

Fill in the blanks:

Ans. 1. The Emperor's **palace** was the most beautiful in the world.

- 2. The most glorious flowers, had been placed in all the passages.
- 3. The little kitchen girl had received the permission to stand by the **courtiers.**
- 4. The emperor lay on his gorgeous bed with velvet cushions and heavy gold **tassels.**
- 5. The emperor let the **Nightingale** go free and it flew away.

Work Out

Answer the following questions:

Ans. 1. Nightingale wanted to live freely in the forest despite getting all pleasures and comforts in the palace because she was missing her home a lot.

- 2. After the emperor had put the Nightingale in the cage it sang very beautifully and the emperor moved to tears.
- 3. Emperor realised that Nightingale wanted to be free always and cannot sing well in captivity.

Discussion

Ans. Test Yourself.

- 1. Can make us awake late in the morning and we may be late for school.
- 2. Can make him feel scary and we may be punished for that.
- 3. Can make our teachers angry for this.
- 4. We can be punished for that.
- 5. It will affect not only our studies.
- 6. It will make us late for going to school.

Diary Time

Ans. Do yourself.

5

Education for All

Work Out!

Tick Mark

Tick (\checkmark) the correct option :

Ans. 1. c. 2. a. 3. c. 4. a.

Completion

Fill in the blanks:

Ans. 1. She stepped out into the main room to see her son's face glowing with

- happiness and smiled.
- 2. Rahul chattered on about school, the **building** they were in, the swings, the teachers.
- 3. She could figure out what must have **happened** in the class.
- 4. Some how, they had adjusted their family budget, **saving** almost nothing.
- 5. Suddenly, despite all her good intentions, she felt a little **irritated.**

Answer the following questions:

- **Ans.** 1. Meenu was very happy because they had been able to get admission for Rahul in such a prestigious school.
 - 2. The school raised the fees to accommodate the students.
 - 3. Do yourself.
 - 4. Do yourself.
 - 5. Yes, education is very necessary for all children.

Test YOurself.

Two new students have joined your class. Put a tick against those that you will do to make them feel comfortable. Put a cross against those that you will not do:

I will:

Ans.	 share my tiffin with them. 	✓
	• invite them to my house.	1
	 ask them to be my friend. 	1
	• ignore them.	X
	• refuse to sit with them.	Х
	 ask them about their hobbies. 	/
	• tell them about school.	✓
	• pick up a fight with them.	Х
	 talk to them during the break. 	/
	• introduce them to my friends.	✓

Diary Time

Ans. Do it yourself.

6

Do Your Duty

Work Out!

Tick Mark

Tick (\checkmark) the correct option :

Ans. 1. a. 2. a. 3. b.

Completion

Fill in the blanks:

Ans. 1. Once, in the palace, he walked through the **alleys** and the **verandahs**.

- 2. Seeing the prime minister come near him, the **gardener** stopped doing his work and stood straight to greet him.
- 3. According to gardener the best thing in life is to **serve** others.
- 4. The gardener was doing his duty well because he loved **plants.**
- 5. That evening, the gardener had a bag of **gold** coins to take home.

Answer the following questions:

- **Ans.** 1. The prime minister of kingdom got worried because he had to find the best servant of palace.
 - 2. To find the best servant in the palace was a difficult job because there were so many servants there.
 - 3. One must love his job to be able to do it better.
 - 4. Serving plants gave the gardener immense happiness.
 - 5. Serving nature and to love his job were the two qualities in the gardener that made him the best servant, in the palace.
 - 6. I complete my work in the given time. I think that by doing my job I am serving my country. By loving my job the quality of work also increases.

Discussion

Ans. Test yourself.

- 1. Reena should around her neighbour that his wallet is about to fell.
- 2. I will tell Sanjay that it is not good to pluck the leaves off the plants.
- 3. Kavita should take the permission of her grandfather for the movie.
- 4. Geeta should take care of her mother and call her father.

Fun Time

On your own think about how you can be dutiful at these places and write one example :

Ans. Place of worship: By keeping peace and quietness.

School : By not defacing walls or damaging its property
Home : By respecting our parents and doing according to

them.

Street : By keeping it clean and following all the rules of

walking.

Diary Time

Ans. Do yourself.

7

Gratefulness

Work Out!

Tick Mark

Tick (\checkmark) the correct option :

Ans. 1. a. 2. a. 3. a.

Completion

Fill in the blanks:

Ans. 1. The poor Brahmin walked for the entire day and reached a **forest.**

- 2. He saw a tiger, a monkey, a snake and a man **trapped** in the well.
- 3. The tiger also **promised** the Brahim to repay his gratitude and departed.
- 4. The Brahmin helped the snake also to get out of the well.
- 5. Pleased that he helped all the four of them the Brahmin continued his **journey.**

Answer the following questions:

- **Ans.** 1. The Brahmin found a tiger, a monkey, a snake and a man in the well.
 - 2. He saved the poor creatures because he was a kind person and all of them promised him not to hurt and also will help him in future.
 - 3. The tiger promised the Brahmin to repay his gratitude and departed.
 - 4. The monkey promised the Brahmin that whenever he was hungry, call out to him. He lived at the top of the nearly mountain. He would get him fruits.
 - 5. The snake promised the Brahmin that whenever he faced a difficult situation, call him, he would come to his help.
 - 6. The man promised the Brahmin that he will help any time whenever the Brahmin need.
 - 7. The tiger, the snake and the monkey warned the Brahmin not to help the human being otherwise the Brahmin would himself got into trouble.

Activity Time

Ans. Do it yourself.

Test Yourself

Write 'T' for true and 'F' for false statements:

Ans. 1. F 2. F 3. T 4. F 5. F.

Fun Time

Ans. Do it yourself.

Diary Time

Ans. Do it yourself.

8

Sacrifice

Work Out!

Tick Mark

Tick (\checkmark) the correct option :

Ans. 1. a. 2. a.

Completion

Fill in the blanks:

Ans. 1. During one of his tours, Mahatma Gandhi addressed a meeting in Orissa.

2. The Chinese army was not just huge but it had better tanks and weapons.

- The Indian army quickly moved its troopes and weapons to the battle area.
- 4. The girls had neither **money** nor any **valuable** that they could give away.
- 5. The **dejected** girls sat wondering when one of them had an idea.

Answer the following questions:

- **Ans.** 1. Yes, we conider the old woman's gesture an act of patriotism because she gave a copper coin for her country which was perhaps everything that the poor woman possessed.
 - 2. By this Gandhiji meant that real value of work lies with the feelings behind it and not with its materialistic value. A thing which looks small may have a greater value.
 - 3. The girls rushed to their warden and said that our soldiers are dying of cold while trying to protect them from the enemy. If he could buy them balls of wool and soom needles, they will knit sweaters and caps for them so that they can atleast be warm.

Discussion

Ans. Do it yourself.

Test Yourself

Write 'Yes' or 'No':

Ans. 1. Yes

2. Yes

3. Yes.

Fun Time

Ans. Do it yourself.

Diary Time

Ans. Do yourself.

9

Managing Time

Work Out!

Tick Mark

Tick (\checkmark) the correct option :

Ans. 1. a. 2. b. 3. b.

Completion

Fill in the blanks:

Ans. 1. Dinesh also loved to play with his friends, watch television and play games on the **computer.**

- 2. Sometimes, he got so busy playing with his friends that he missed his maths **tution.**
- 3. The next day Dinesh followed the time **table** table completely.
- 4. **Grandmother** sat with him and asked him to make a list of all the things that he had to do.
- 5. Dinesh listed all his jobs under these **three** lists.

Answer the following questions:

- **Ans.** 1. Everyone was scolding Dinesh because he could not complete his homework.
 - 2. Dinesh was not able to get up that morning because he was so tired.
 - 3. His Grandmother came to visit Dinesh that evening.
 - 4. His Grandmother suggested him to make time-tables.

Discussion

Ans. Do it yourself.

Fun Time

Ans. Do it yourself.

Diary Time

Ans. Do it yourself.

10

Person of Character

Work Out!

Tick Mark

Tick (\checkmark) the correct option :

Ans. 1. c. 2. a.

Completion

Fill in the blanks:

- Ans. 1. Eleven years ago when Madhav was just five, his father had died in an accident
 - 2. As Madhav began showing that he held promise, his sports teachers took extra pains to **trained** him.
 - 3. Soon Madhay and his **mother** were on their way to the temple.
 - 4. The captain of the Super Knights **shouted** instructions to his team.
 - 5. Thomas kicked the ball high towards **Madhav.**

Work Out

Answer the following questions:

- **Ans.** 1. I would did the same if I were in Madhav's place because I don't want any victory by cheating. If I do, it can make me a corrupted and dishonest person.
 - 2. He meant that if he did not tell the truth, he feels guilty in his whole life because of his dishonesty.
 - 3. Some people will called him a fool because his team was declared a winner but he did not accept it and told the truth of that victory to the referee.
 - 4. To be a good human being is more important.
 - 5. Yes, I like his spirit for sport and his honesty.

Discussion

Ans. Do it yourself.

Diary Time

Ans. Do it yourself.

11 God

Work Out!

Tick Mark

Tick (\checkmark) the correct option :

Ans. 1. a.

2. c.

3. a.

Completion

Fill in the blanks:

- **Ans.** 1. Many workers and **sculptors** worked day and night on the temple.
 - 2. The best stone and finest **wood** were brought to build the temple.
 - 3. On that day, the **deity** of the God was to be installed in the temple.
 - 4. The temple soon became **famous** and king who built it became **famous** too.
 - 5. The king decided to go to **Neendravoor** himself to meet Poosalan.

Matching Time

Match the following:

Ans. 1. King Komaan a. were invited to attend the grand function

- 2. Famous saints b. had a dream
- 3. Great devotee Poosalan—→c. was in his mind
- 4. Poosalan's—→d. temple

Work Out

Answer the following questions:

- **Ans.** 1. King Komaan's dream was to built a great temple for Lord Shiva.
 - 2. Lord Shiva told king Komaan to change the date of the function because he could not be at this temple next day He (God) has to go to another temple to honour his great devotee, Poosalan of Neendravoor.
 - 3. Poosalan was a great devotee of Lord Shiva.
 - 4. Poosalan's temple was in his mind and his heart.
 - Lord Shiva preferred Poosalan's Temple because it was in his pure heart.

Discussion

Ans. Do it yourself.

Test Yourself

Tick one or more reasons for which you pray to God:

Ans. 1. So that other people may praise you.

- 2. Because you want to pray to Him.
- 3. To impress others in the house.
- 4. For getting your wishes fulfilled.
- 5. To get good marks in exams.
- 6. For getting good health.
- 7. For getting happiness all the time.

Fun Time

Ans. 1. Yes, we pray to God regularly.

- 2. Temple, Gurudwara, Church, Mosque.
- 3. Hinduism, Buddhism, Sikhism, Islam, Christanity, Jainism.

Activity Time

Ans. Do yourself.

Diary Time

Ans. Do it yourself.

12

Help

Work Out!

Tick Mark

Tick (✓) the correct option:

Ans. 1. a.

2. b.

3. a.

Completion

Fill in the blanks:

- **Ans.** 1. He almost didn't see the old lady, who was **stranded** on the road side.
 - 2. Though he had a smile on his face, the lady looked at him suspiciously.
 - 3. Robert crawled under the car to look for a place to put the **jack.**
 - 4. Robert never thought twice about money.
 - 5. The waitress went to get her change for a hundred dollar bill.

Work Out

Answer these questions:

- **Ans.** 1. Robert helped an old lady.
 - 2. He told the lady that if she really wanted to pay him back, the next time when she saw someone who needed help, she should give the person the help they needed.
 - 3. The lady stopped in a small cafe on her way home.
 - 4. The lady gave four hundred dollar notes to the waitress.
 - 5. The waitress was Robert's wife.

Discussion

Write True or False:

Ans. 1. True

2. False 3. True 4. False 5. False.

Test Yourself

Ans. Do it yourself.

Diary Time

Ans. Do it yourself.

13

Thank You

Work Out!

Tick Mark

Tick (\checkmark) the correct option :

Ans. 1. c.

2. a. 3. b

Completion

Complete the story: using one word. Fill up each blank. You can pick out suitable words from the box:

Ans. "We trees are very sensitive, so I should never mix you up with anyone else. And I can easily help you out of your difficulties. Needles don'ts just grow on hedgehogs, you know," he added gently, and then began to shake his branches vigorously.

Work Out

Answer the following questions:

- Ans. 1. The hedgehog was like a spiny creature with spines all over her body. As she was always ready to help others by sewing their tan clothes, she at a time looked like a spineless creature.
 - 2. Once there was a hedgehog who helped the animals and trees by sewing their clothes and leaves with her spines and the silk thread she get from the spiders. Once she had too much requests to answer them so she was moving fast towards her ravine because it was getting dark. When she reached there, there was already a wounded fawn and his mother. Doe scared after seeing her because the hedgehog has only one spine on her back instead of covered back. The hedgehog was very surprised. She said to Mama-doe that it was she 'the hedgehog'. Mama-doe regreted. First time hedgehog felt very bad but she has no time to think about herself. She sewed the all hide of little fawn who was lying with closed eyes and moaning. The little fawn open his eyes. Now he was feeling better. He asked to his mother about the hedgehog. Mama-doe told him that it was the hedgehog who sewed his coat. He should thanked him. The hegdehog went away from there sadly. On the way a rabbit saw her and hid himself behind the bushes because of fear of this strange creature. The poor hedgehog could not bear it now. He blindly ran and hid herself among the roots of a tall, bushy fir tree. The fir tree knew all story about the hedgehog and help her. It began to shake his branches on his back. Now her body covered with fir needles. She was looking better than before. She thanked the fir tree and joyfully went her home to cook food. On the way the rabbit praised her new look with exclaim.
 - 3. Do yourself.
 - 4. She could be sad and felt mean to herself because she could be the reason of others frighten. She couldn't help others. Other animals laughed at her. She has no friends then. She felt lonely.
 - 5. Yes, every person can make a sacrifice. A person can make a sacrifice being selfless. Selfish people can't do sacrifices because to do sacrifice, we have to give up our favourite or useful things to others.

Discussion

Ans. Do yourself.

Telling Time

Who said, to whom?

Ans. 1. "Good heavens, doe, I am the hedgehog and I've come as quick as I

- could." hedgehog said to Mama-doe
- 2. "O, mama, who is that? A hamster or a gopher?" **the little fawn** said to **his mother**
- 3. "That's the hedgehog, she sewed up your coat. Instead of asking silly questions you should tell her thank you." **Mama-doe** said to **the little fawn**
- 4. "O hedgehog! what a beautiful new bristling coat you have, so thick and green." **the rabbit** said to **hedgehog**

Fun Time

Ans. Do it yourself.

Diary Time

Ans. Do it yourself.

Achieving Goals

Work Out!

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. a. 5. b.

2. c. 6. b.

3. a.

4. c.

Completion

Fill in the blanks:

Ans. 1. Suddenly her chatter turned into a scream as the speeding bus rammed into a **truck**.

- 2. A few college students rushed from the back of the bus to help free her legs and quickly took her to **hospital.**
- 3. She forced the doctor to open the plaster, but it was too late.
- 4. **Dance** was what Sudha had wanted to do since she was a three-year-old.
- 5. She refused to sit on the wheelchair and instead contained practicing in the **wooden** foot.

Work Out

Answer the following questions:

- Ans. 1. Sudha's first goal was to stand and walk on her wooden foot without help of the wheelchair and crutches. Yes, her goal was realistic. To achieve it, she decided to celebrate by going out for a movie with her friends
 - 2. Sudha's second goal was to meet the doctor in Jaipur who made artificial legs which were lighter and so flexible that anybody could climb trees wearing them.
 - She went to Jaipur with her father to meet the doctor. Doctor said she could walk normally with that foot, but couldn't dance. Doctor made a special foot for her using aluminium which was light and could rotate easily. The new leg was more comfortable than the wooden but still not easy to handle. This goal was unrealsitic because with the new foot she can walk easily but couldn't dance.
 - 3. Her dance instantly gave Sudha the courage to set such a difficult task for herself.
 - 4. Sudha faced many hurdles along the way. When she practised for dance with her artificial leg, a searing pain shot through her leg and the limb tore into her skin. It wasn't going to be as easy as she thought! But Sudha kept up her practice. Her leg would often bleed and if she moved her leg in quick tempo, the pain was killing. At the end of every dance session, Sudha would see her bloody leg and doubt whether her goal was realistic.

After getting a new leg, Sudha started her practice again and pushed

herself harder. Once again, she mastered her steps, understood the art of spinning on her artificial limb and finally leaping into the air and landing...bang on two feet.

5. Discipline, self-confidence and insanity for dance helped Sudha achieved her goals.

Discussion

Ans. Do yourself.

Test Yourself

Ans. Do yourself.

Fun Time

Ans. Do yourself.

Diary Time

Ans. Do yourself.

2

Have Self Respect

Work Out!

Tick Mark

Tick (✓) the correct option:

Ans. 1. a. 2. b. 3. a.

Completion

Fill in the blanks:

Ans. 1. He had been appointed by the Austrian Emperor to rule over Switzerland.

- 2. Hermann Gessler was a harsh man because of which he was very unpopular among the people.
- 3. He was known as the best **crossbowman** and the best **helmsman** in the region.
- 4. Walter was so happy that he **chattered** all the way, asking questions about everything around.
- 5. But William Tell refused to **bow** to the hat.

Work Out

Answer the following questions:

- **Ans.** 1. William Tell had self respect because when his wife said that the government hated him, he said that he have done nothing for which government could punished him.
 - 2. Tell wanted to take his bow with him because he took it everywhere. This tell us that Tell was prudent.
 - 3. The soldiers asked him to bow the Governor's hat. No, Tell refused to bow the hat. He did so because of his self respect.
 - 4. The following points show that William Tell had self-respect:
 - When soldiers asked him to bow the governor's hat, he refused it.
 - When Gessler told him to shot the apple which was on his son's head, he took two arrows because if the first arrow had hurt his

- child he would have killed Gessler with the second.
- He directed the boat and save the Gessler and his soldiers. He pulled himself upon the rock and disappeared before Gessler's reaction.
- When he killed the Gessler, people of Switzerland told him to be their ruler, but Tell refused and returned to his peaceful cottage in the mountains.

Discussion

Ans. Do yourself.

Test Yourself

Mark the following statements as true or false:

Ans. 1. True 2. False 3. False 4. False.

Diary Time

Ans. Do yourself.

3

Internal Attitude

Work Out!

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. a. 2. b. 3. c.

Completion

Fill in the blanks:

- **Ans.** 1. The old man had a **kind** heart.
 - 2. One day at the foot of a certain **mountain** he met the lost bird. The little old man was filled with **joy**.
 - 3. He thanked the sparrow and said **good-bye.** Then he trudged off leaving the sparrow family **sad** and **lovely.**
 - 4. I have been on a visit to the sparrow and when I came away it gave me this **wicker basket** as a parting gift.
 - 5. The sparrow as before, brought out two wicker baskets One was very and the other.

Work Out

Answer the following questions:

- **Ans.** 1. The little old woman cut the sparrow's tongue because one day when she was going to starch her lines, the sparrow pecked at her paste.
 - 2. The old man wandered far and wide to search the sparrow and he met the last bird at the foot of a certain mountain.
 - 3. The sparrow gave the wicker basket full of gold, silver and other precious things as a parting gift.
 - 4. The old woman went to meet the tongue-cut sparrow to got a pretty present.

Discussion

Ans. Do yourself.

Test Yourself

Write 'T' for true and 'F' for false statements:

Ans. 1. F

2. T

3. T.

Fun Time

Ans. Do yourself.

Telling Time

Who said, to whom?

- **Ans.** 1. "It pecked at my starching-paste. So I cut its evil tongue and let it fly away." **the old woman** to **the old man**
 - 2. "Poor thing! Poor thing! Poor little tongue-cut sparrow! Where is your home now?" **the old man** to **the old woman**
 - 3. "Please partake of our humble food. Poor as it is, you are welcome." the sparrow to the old man

Diary Time

Ans. Do yourself.

4

Righteousness

Work Out!

Tick Mark

Tick (✓) the correct option:

Ans. 1. d.

2. c.

3. b.

4. a.

Completion

Fill in the blanks:

- Ans. 1. Once upon a time there lived a prince who was both rich and haughty.
 - 2. The two farmers began laughing at the third farmer and called him names.
 - 3. The prince was **curious** to hear the news brought by the farmer.
 - 4. The prince ordered his **helpers** to leave.

Work Out

Answer these questions:

- **Ans.** 1. The privacy of the news brought by the farmer aroused the curiosity of the prince.
 - 2. The prince invited the farmer to dine with him because he wanted to get the piece of gold about which the farmer asked a question to the prince.
 - 3. The farmer wanted to teach the prince because he was a haughty and he did not like the farmers. He did not allowed the farmers to enter into the courtvard.

Discussion

Ans. Do yourself.

Diary Time

Tick Mark

Tick (✓) your options in the following questionnaire:

Ans. Do it yourself.

Completion

Fill in the blanks:

Ans. 1. Then I picked up the menu card and started **looking** at the items given in it.

- 2. I looked up and turned to see a **woman** standing before me.
- 3. She and her husband began talking and looked **directly** at me.
- 4. As I sipped the hot coffee, all of a sudden it came to me like a **flash** of lighting.
- 5. All of sudden I heard the sound of a plate breaking.

Work Out

Answer the following questions:

- **Ans.** 1. Yes, Tony remembered Ali because he sent his wife near Ali to talk about himself.
 - 2. Tony bullied Ali in school. He had made fun of his big nose, his short stature, jeered at him because he was an orphan and stamped on his feet just to show his superiority.
 - 3. Tony was apologetic for his behaviour now because how he was forced to move in a wheel chair. Now he understood how Tony used to felt when he bullied him for living in a orphanage.
 - 4. Ali reacted positively to tony. He smiled and returned the greeting when Tony raised his hand and waved at him.
 - 5. Do yourself.

Discussion

Ans. Do yourself.

Fun Time

Ans. Do yourself.

Diary Time

Ans. Do yourself.

6

Humility

Work Out!

Tick Mark

Tick (\checkmark) the correct option :

Ans. 1. a. 2. a. 3. c.

Completion

Fill in the blanks:

Ans. 1. The King's son was getting married in a **magnificent** ceremony.

- 2. Suddenly they heard a sharp, dry **cough** and all the fire crackers looked round.
- 3. The **Rocket** lay in the mud until two little boys came running down the bank.
- 4. Then the Rocket began to feel a curious tingling **sensation** all over him.
- 5. All that was left of him was the **stick** which fell down from the sky at last.

Answer the following questions:

- **Ans.** 1. The Rocket coughed when he wanted to attract attention.
 - 2. The fire crackers laughed at the Rocket because it called itself a very remarkable Rocket, born of remarkable parents.
 - 3. The crackers were uncomfortable in the company of the Rocket because it was a very proudy Rocket and it expected that other crackers always think about it.
 - 4. The following lines are from the story that tell us that the Rocket was haughty and proud:
 - (i) He always coughed when he wanted to attract attention.
 - (ii) "I am very remarkable Rocket, born of remarkable parents."
 - (iii) "I am always thinking about myself and I expect everybody else to do the same."
 - (iv) "I suppose they are reserving me for some grand occasion."
 - (v) "I must have heard wrong. They must have said, 'gold stick."
 - 5. This tells us that conceicted people think of their own benefit and they do not care about others.

3. Yes

3. b.

Discussion

Ans. Do it yourself.

Test Yourself

Express your agreement or disagreement by writing Yes or No:

Ans. 1. Yes

2. Yes

4. Yes 5. No.

Fun Time

Ans. Do it yourself.

Diaru Time

7

Confide in Your Parents!

Work Out!

Tick Mark

Tick (\checkmark) the correct option :

Ans. 1. b. 2. a.

Completion

Fill in the blanks:

Ans. 1. Mohit is happy at the suggestion but he doesn't have **pocket money.**

- 2. Mohit wants to go home to apologise to his parents for his **behaviour**.
- 3. On reaching home, Mohit friends that his mother has made his favourite **dishes** and his father has set out a game of chess.
- 4. Palak Paneer and chess are both Mohit's favourite.
- 5. With wet eyes, Mohit goes to them and apologises.

Answer the following questions:

- **Ans.** 1. No, Mohit's behaviour was not correct.
 - 2. Yes, the parents' behaviour was correct.
 - 3. Mohit should understand his parents and obey them.
 - 4. His parents should try to convinced him.
 - 5. Do it yourself.
 - 6. Mohit was at fault, not his parents.
 - 7. Ali's suggestion helped Mohit to realise that it was Mohit's fault.
 - 8. Ali suggested Mohit that if he want to go for the picnic so badly, why didn't he use up some of the money that he have been saving to buy a video game for his birthday. It changed Mohit's mind. As Ali was instrumental in helping Mohit.
 - 9. His parents couldn't help him that time because it was the end of month and they didn't have enough money. Some way, Mohit's pocket money also had finished at the end of month and he couldn't spend his saving because it was for his birthday gift.
 - 10. Do yourself.
 - 11. Do yourself.
 - 12. Do yourself.

Discussion

Ans. Do yourself.

Test Yourself

Here are some Do's and Don'ts to help you understand the importance of better communication with your parents and other family elders. Write 'Do' and 'Don't in the given blanks:

Ans. 1. Do

2. Don't

3. Do

4. Don't

5. Do

6. Don't

7. Do

Diary Time

Ans. Do yourself.

8

Respect The Elderly

Work Out!

Tick Mark

Tick (✓) the correct option:

Ans. 1. a.

2. a.

3. a.

${\bf Completion}$

Fill in the blanks:

Ans. 1. Her iPod was not working and she had not got permission to go out

- to her friend's house.
- The old lady slowly stood and walked over to a dark brown teddy hear.
- 3. She couldn't believe that two hours had passed so quickly.
- 4. She really liked Mrs sharma and suddenly got up and gave her a **kiss** on her cheek.
- 5. Jennifer graduated from college with a degree in **fashion** design.

Answer the following questions:

- Ans. 1. Jennifer was angry with her parents because they did not give her permission to go out to her friend's house. Moreover, her mother had forced her to get a 'neat and presentable' haircut and got her 'a long skirt' to wear as her grandparents were coming over to visit them.
 - 2. Jennifer learnt that she should not made fun of old people's look.
 - 3. She swallowed hard because she remembered all things she did with the old people and made fun of them.
 - 4. Mrs Sharma and Jennifer were similar in a way that both like sewing.
 - 5. Mrs Sharma's answer was to the third question was that some people were unhappy because within them, they were afraid. They were afraid that they would not have enough money for their medical prescriptions or food. They were losing their hearing or eyesight. Their memory was failing. They were really afraid and that was how they react. They act strong on the outside, but within, they need friends and family.
 - Jennifer learnt sewing and about loving elderly people from Mr Sharma.

Discussion

Ans. Do it yourself.

Fun Time

Ans. Do it yourself.

Diary Time

Ans. Do it yourself.



Envy

Work Out!

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. b. 2. a.

3. b.

Completion

Fill in the blanks:

- Ans. 1. After the wedding everyone was asked to visit **Daniel's** house.
 - 2. The sweeper called **John** was insulted and thrown out of the **wedding** celebrations by **Daniel** himself.
 - 3. By now the King's **suspicion** had been around.

4. One day Daniel was stopped by the sentries.

Work Out

Answer the following questions:

- Ans. 1. Daniel was a prosperous merchant. He was also learned and intelligent.
 - 2. John was a sweeper. He thought of taking revenge upon from Daniel because he was insulted and thrown out of the wedding celebrations by Daniel himself.
 - 3. The king banned Daniel's entry into the palace because he heard by John's mutterings that Daniel embraced the Queen.
 - 4. Daniel asked his servant to fetch John to his house because he understood that it was John's doing that he was not allowed any longer to meet the king.
 - 5. John muttered second time that everyone knew the king ate cucumbers in toilet.
 - 6. The king calmed down when John begged forgiveness for his meaningless mutterings. He thought, he was a fool to have blindly believed what John said about Daniel. If John did not spare the king, then who was Daniel to him. Surely Daniel must be innocent.

Discussion

Ans. Do yourself.

Test Yourself

Write 'T' for true and 'F' for false statements:

Ans. 1. F 2. T 3. T 4. T 5. F.

Fun Time

Ans. Do yourself.

Diary Time

Ans. Do yourself.

10

Best Friend

Work Out!

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. b. 2. b. 3. b.

Completion

Ans. Do yourself.

Work Out

Answer the following questions:

- **Ans.** 1. A hawk was with the king because those days hawks were trained to hunt.
 - 2. All the mountain brooks were dry because of the hot days of summer.
 - 3. The hawk knocked the cup from king's hands.
 - 4. The king killed hawk because whenever the king lifted the cup of

water towards his mouth everytime, it knocked the cup from his hands.

5. The king saw a huge, dead snake of the most poisonous kind in the pool.

Discussion

Ans. Do yourself.

Test Yourself

Ans. Do yourself.

Fun Time

Ans. Do yourself.

Diary Time

Ans. Do yourself.

11

Good Advice

Work Out!

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. c.

2. b.

3. a.

Completion

Fill in the blanks:

Ans. 1. The robber lived in the **forest.**

- 2. He tied **Narad Muni** with a rope.
- 3. The robber's parents, wife and children **refused** to share his sins.
- 4. Narad Muni asked the robber to say Rama... Rama.
- 5. **Valmiki** means the sage of the anthills.

Work Out

- **Ans.** 1. The robber lived in a forest.
 - 2. One day he met Narad Muni.
 - 3. He went to his house after tieing Narad Muni with a rope to a tree.
 - 4. No one agree to share his sins with him.
 - 5. Narad Muni said him to say 'Rama..Rama'. The robber kept chanting Lord Rama's name while sitting under a tree. He forgot all about robbing people. He felt no desire for food and water either. He did not even sleep. Days turned into weeks....weeks turned into months....and months into years. He sat still chanting his favourite name. Ants built anthills all over him. Thus he came to be called 'Valmiki' i.e., the sage of the Anthills.

Discussion

Ans. Do yourself.

Test Yourself

State whether the following statements are true or false:

Ans. 1. False 2. True 3. False 4. True.

Fun Time

Ans. Do yourself.

Diary Time

Ans. Do yourself.

12

Aiming High

Work Out!

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. a.

2. b.

3. a.

Completion

Fill in the blanks:

Ans. 1. Marco Polo set himself the task of learning the **Mongol** language.

- 2. They wanted to take some trusted and experienced travellers with them as **guides.**
- 3. Winds carried the ships to Indo-China and then to Sumatra.
- 4. He, his father and uncle had grown very rich.
- 5. Marco Polo's book became very famous.

Work Out

Answer the following questions:

Ans. 1. We must first of all make up our mind about what we want to do in life-what we want to be when we grew up. It helps us to be ambitious.

- 2. As the result of Marco Polo's ambition, Men who were fond of adventure began to dream of going out of India and China and making their fortunes.
- 3. Marco Polo was quite ambitious in nature. As such he did not care for the difficulties he would undergone in fulfilling his desire of visiting new places, especially China.
- 4. We must then take the first step towards achieving our ambition after deciding what we want to achieve.

Discussion

Ans. Do yourself.

Fun Time

Ans. Do yourself.

Diary Time

Ans. Do yourself.

13

Power in Truth

Work Out!

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. a.

2. b.

Key Values of Life-7

25

Answer the following questions:

- **Ans.** 1. Untruthfulness make us morally weak.
 - 2. Truth is a jewel which should not be painted over; but it may be set to advantage and shown in good light.
 - 3. People practice untruth because they find themselves unable to resist temptation.
 - 4. People should not stand by untruth because other people can lose their trust in them.
 - 5. People should stand by truth only because truth makes a person win even the mightiest force of the world.

4. G 5. B

Discussion

Ans. Do yourself.

Test Yourself

Write 'G' for good and 'B' for bad deeds:

Ans. 1. B 2. B

Fun Time

Ans. Do yourself.

Diary Time

Ans. Do yourself.

14

Excellence

Work Out!

3. G

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. a.

2. a

3. b.

Completion

Fill in the blanks:

- **Ans.** 1. A man and his friend were talking near **Janpath** in Cannaught Place at New Delhi.
 - 2. Cars horned, buses narrowly turned around the corners, sirens continuously **wailing**.
 - 3. The man took out a few **coins** from his pocket and threw them on the pavement.
 - 4. The coins **dropped** with the noise in the crowded street.

Work Out

Answer these questions:

- **Ans.** 1. The two men were walking near Janpath in Cannaught Place at New Delhi.
 - 2. The first man heard a cricket.
 - 3. The man again listened carefully for a moment and then walked up to a big cement container having some small plants growing in it to prove to his friend that there was a cricket around.

- 4. To prove that people hear what they want to hear, the man took out a few coins from his pocket and threw them on the pavement.
- 5. The people had turned to see if the coins that dropped were theirs when they heard the sound of the coins.

Discussion

Ans. Do yourself.

Fun Time

Ans. Do yourself.

Diary Time

Ans. Do yourself.

1 Forgiveness

Work Out!

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. a. 2. a. 3. a.

Completion

Fill in the blanks:

Ans. 1. They did everything together, so much so that people often mistook them for **twins.**

- 2. **Hina** married the younger brother while **Masa** became the wife of the elder brother.
- 3. One of the many gifts that Masa received on her wedding was a **Kola** nut sapling.
- 4. The poor plant found itself bare and weak and soon stopped growing.
- 5. The tree grew very fast with the huge ring of the vessel **protecting** it.

Work Out

Answer the following questions:

Ans. 1. Hina:

- a. She was a helping person and help her friend in her problems.
- She was also a jealous person and jealous at the earning of her friend Masa.

Masa:

- a. She was a real friend and was always helpful for her friend at any time.
- b. Masa was not a jealous person and did not believe in revenge.
- 2. We like Masa better because she was always faithful to her friend Hina and did not want to hurt Masa at any cost. She also for give Hina for the wrong that she has done to her.
- 3. Hina asked the headman to justify the matter for she wanted her pot's back. The headman decided to cut the tree down and to return her pots. But thinking that Masa would not able to see that tree afterwards, she had tears in her eyes and requested the headman to change his decision and now she does not want her pot back and let the tree alive forever. This could be the better end of the story.
- 4. If Masa had not forgiven Hina then the swordsman would cut down the head of the Hina's daughter.
- 5. Do it yourself.

Discussion

Ans. Do yourself.

Test Yourself Write 'Yes' or 'No': 2. Yes 3. Yes Ans. 1. Yes 4. Yes 5. Yes. Diary Time Fun Time **Ans.** Do yourself. Ans.Do yourself. **Communal Harmony** Work Out! Tick Mark Tick (\checkmark) the correct option : **Ans.** 1. b. 2. a. Completion Fill in the blanks: 1. The old man pressed his granddaughter's face against his **chest.** 2. The mob came rushing down the road, shouting and hooting provocative slogans. 3. The door **banged** against the cement wall, and shook on its hinges. 4. Eyes wide with **terror**, he watched the light sweep over the piles of wood, then zig zag over the peeling walls. 5. He was his neighbour's son, his **friend** of so many years. Work Out **Answer these questions:** 1. The old man asked his granddaughter to be quiet because if she could not be quiet the mob will hurt and would kill them. 2. The tall man said, "There is nobody here" because he do not want to tell the mob about the old man and his daughter. **Discussion Ans.** Do yourself. Test Yourself What do you think religions preach? Put a tick or a cross against the following: Ans. 1. ✓ 2. 🗸 3. **/** 4. 5. X 8. 🗸 6. **/** 7 / 9. 🗸 10. 🗸 Diary Time

Work Out!

Responsibility

Tick Mark

3

Ans. Do yourself.

Tick (\checkmark) the right option :

Ans. 1. a. 2. a. 3. a.

Completion

Complete and write the answer:

- **Ans.** 1. The crow flew away leaving her eggs unguarded because **she got tired.**
 - 2. The hawk sat on the eggs because of taking care of eggs.
 - 3. The crow was proud of her nest because it was filled with eggs.
 - 4. The hawk explained that she was the babies mother because **she** hatched them and took care of them.
 - 5. The Eagle said, "The baby crows will stay with the hawk," because the hawk took care of crows baby.

Work Out

Answer the following questions:

- **Ans.** 1. Responsibility means being accountable for one's own words and actions.
 - 2. The crow made a nest on the side of a rocky hill side. She was proud of her nest because it was filled with eggs.
 - 3. When the hawk was flying over the nest she saw their was no mother to hatch the egg and nobody was to take care of the eggs. So she decided to take care of the eggs and hatched them into babies crows.
 - 4. The crow and the hawk went to the Eagle to solve the problem that which one is the mother of the babies. After questioning of Eagle, the crow did not give any answer but the hawk answered, "I was out flying one day and saw a nest full of eggs with no one caring for them. I waited to see if someone would come, but no one ever came."
 - 5. The king of birds asked the baby crows "which is your mothers". The baby crows answered "The hawk is the only bird we call mother."
 - 6. We learn about responsibility from this story that "Our things can be lost when we don't show our responsibility."

Discussion

Ans. Do yourself.

Test Yourself

Do Write 'T' for true and 'F' for false statements:

Ans. 1. T 2. F 3. F 4. T 5. T

Diary Time

Ans. Do yourself.

4

Work Out!

Simplicity

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. a. 2. a. 3. a.

Completion

Fill in the blanks:

Ans. 1. The shepherd was **illiterate** and had never been to school.

- 2. If you repeat a lie hundred times people start believing it.
- 3. His complaints, with eagle eyes, were eagerly awaiting for the shepherd to be **exposed**.
- 4. When the Iron Chest was opened, no gold or silver or **jewels** were discovered.
- 5. All **head** hung in shame as the king understood his foolishness.

Answer the following questions:

- **Ans.** 1. The shepherd heard people's problems and gave them good advice. For his qualities of understanding and compassion due to this reason he become the talk of the town.
 - 2. The shepherd received the king with open arms and showed him into his cave. He offered him water to drink and shared his meal with him. They talked about all things that crossed their minds. The king became impressed with the shepherd's wisdom and hospitality, and made him governor.
 - 3. The other Governors told lies about the shepherd by saying, "He keeps a part of the tax collected with him." They also said to the king "Perhaps, he carries the ill-gotten treasure with him in the Iron chest."
 - 4. When the shepherd opened the Iron chest, no gold or silver or jewels were discovered but an old blanket was all that was in it.
 - 5. The shepherd told the king "This blanket is my oldest friend. It will still protect me, if at any time."

Discussion

Ans. Do yourself.

Diary Time

Ans. Do yourself.

5

Leadership

Work Out!

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. a.

2. b.

3. b.

Completion

Fill in the blanks:

- **Ans.** 1. He ate his lunch by himself in his seat, and decided to head to the **playground** to catch some winter sun.
 - 2. Vishal made his way past the **quadrangle** and into the ground.
 - 3. Probably the sudden quiet or the funny feeling you get when you know you are being **watched.**
 - 4. Just then, a tall figure **hoppped** off the farthest windowsill and began walking towards Vishal.

Answer the following questions:

- Ans. 1. Lickers are the gangs of partly unruly and violent students. They are usually roaming around the ground. They had their own unmarked territories and anyone venturing into a group's territory was their 'game' whom they could 'lick' by this the other students away from the playground.
 - 2. The two boys picked the football and moved to the central sunny patch of the ground. The two young boys repeated their game the next day, and the next. Due to which a month later there were six students in the playground to play the football.
 - 3. In this story the tall boy motivate the students to play in the ground and break the barriers of 'Lickers' in the playground. By this he alone behave as a leader and make a remarkable effect on the students.
 - 4. Yes, we learn some qualities from this story. We learn that "Many leaders never think of getting name and fame. Some silent, nameless people change the world around them for the better."

Discussion

Ans. Do yourself.

Diary Time

Ans. Do yourself.

6

Sportmanship

Work Out!

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. c. 2. b. 3. b. 4. a.

Completion

Fill in the blanks:

Ans. 1. After winning sailing competitions throughout North America, finally, he had made it to the summer Olympics in **South Korea**.

- 2. **Innumerable** flags waved at him and the roar of the crowds rang in his ears.
- 3. The race was only minutes from starting and Lawrence felt adrenaline rush through him.
- 4. At the signal, the **dinghies** sped away, with each sailor keeping only the gold medal in sight.
- 5. Finally, after years of hard work **disappointments** and sacrifices, the goal was within touching distance.

Work Out

Answer these questions:

Ans. 1. Lawrence saw two sailors trouble. One sailor was in water and being carried away by the waves and he was struggling to remain above water and to survive. Due to this Lawrence abandon his race and rush

to rescue the sailors.

- 2. Yes, he deserved for it. Because:
 - (a) The first rule of sailing is, you see someone in trouble, you should help him.
 - (b) At the time of trouble your first aim should be to save the life of that person who is in trouble.
 - (c) Lawrence also shows the dignity of sport by completing the race after rescue of the sailor.

Given above some reasons show that Lawrence Lemieux deserved the medal, he was awarded.

Discussion

Ans. Do yourself.

Test Yourself

Ans. Do yourself.

Diary Time

Ans. Do yourself.

7

Universal Love

Work Out!

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. b. 2. b. 3. c.

Completion

Fill in the blanks:

- **Ans.** 1. One night a little **swallow** flew over the city.
 - 2. He laid the great ruby on the table beside the woman.
 - 3. The swallow plucked out the prince's eye, and flew away to the student where it left the **sapphire** on its side.
 - 4. Now that the Happy prince was blind, he asked the Swallow if there was any one else **unhappy.**
 - 5. The statue of the Happy Prince that was dull and grey, now **cracked**, and was pulled down.

Work Out

Answer the following questions:

- Ans. 1. The statue of the Happy Prince was unhappy when he saw the people sad and hungry because when he was the prince of the country there was no sorrow in his country and no one was unhappy and poor. But now he cannot help the sad and hunger people.
 - 2. The Prince request the swallow to help the poor people and take precious stones and gold from his statue and give to all the poor of his country.
 - 3. We learn from the Happy Prince's statues sacrifice that "Universal love is when we treat all creatures with equal affection, respect and love."

Discussion

Ans. Do yourself.

Matching Time

Universal love teaches us many things. Match the two columns appropriately to learn what it teaches us:

Diary Time

Ans. Do yourself.

8

Manage Anger

Work Out!

Tick Mark

Tick (\checkmark) the correct answer.

Ans. 1. b.

2. b.

3. b.

Completion

Fill in the blanks:

- **Ans.** 1. Once again, he wanted to **hurt** some one and **satisfy** himself.
 - 2. Amita was putting her **textbooks** and **notebooks** away in her desk.
 - 3. Amita actually sounded like she **cared** for what happened to him.
 - 4. His food tasted good, and he had a good time **sitting** and talking with some of his friends.
 - 5. He decided to go and meet the school counsellor and share his feelings with him and go and **apologise** to Seema and Dina.

Work Out

Answer the following questions:

- **Ans.** 1. Bobby got poor marks due to which he felt the need to vent his anger.
 - 2. When Bobby saw his parents fighting he feels that they don't love him... no one loves him."
 - 3. Seema wanted to react to Bobby' anger but she was scared that Bobby would beat her so she ran away from there. Yes it is right.
 - 4. Amita talked Bobby of his anger and asked him to meet the counsellor and also she gives proposal to go with him to meet the counsellor. By this she overcome the conflict that was causing anger in him.
 - 5. The best solution of dealing with person's anger is to take him away from that place and talked with him for his anger with a smile and

kindness.

Discussion

Ans. Do yourself.

Fun Time

9

Being Myself

Work Out!

Tick Mark

Tick (\checkmark) the correct option :

Ans. 1. c.

2. b.

3. a.

Completion

Fill in the blanks:

Ans. 1. The duck noticed that the largest egg had still not cracked and she seated herself again on the **nest.**

- 2. At last, the large egg cracked, and a young bird **crept** forth crying, "peep, peep."
- 3. The ugly duckling was also in the water **swimming** with them.
- 4. The ducks pecked him, the chickens beat him, and the girl who fed the **poultry** kicked him with her feet.

Work Out

Answer the following questions:

- **Ans.** 1. Yes, I am satisfied with my look because every person is special and has unique qualities and features. I also have some unique qualities. I also know that physical appearance is not an important issue. So I am satisfied with my look.
 - 2. Each person in this world has unique quality which makes him special in this world. This quality does not depend on the appearance. I will grow up to be an able and confident individual despite my appearance. I don't feel an urge to modify my natural physical features.
 - 3. Do Yourself.

Discussion

Ans. Do yourself.

Diary Time

Ans. Do yourself.

10

Feelings

Work Out!

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. a.

2. a.

3. a.

Completion

Fill in the blanks:

Ans. 1. Her silvery fins sparkled with many different colours, and her body

Key Values of Life-8

34

- was amazing vivid scarlet.
- 2. Nobody had ever given such orders to the kind-hearted and inoffensive little crab, and he got much frightened.
- 3. When the fish were fed, none of them dared to swim up to the food until the fish queen had eaten her fill.
- 4. All the fish sighed with relief when their **tormontor** was taken away.
- 5. He put the jar with the new fish on the window sill opposite the aquarium.

Answer the following questions:

- 1. The little crab was a helping creature in the aquarium and he did not want, the cat caught the new fish. Yes, we think if the crab had not felt sorry for the new fish then the new fish cannot be changed.
 - 2. We think that nobody needs to have pride because we all are equal and nobody is superior than other. Our pride makes us bad person and shows our bad behaviour to others.
 - 3. Do vourself.
 - 4. We call a person proud, who always shows his superiority and greatness to others. A person who is rich, beautiful, healthy and has better facilities than other may be a proud person.
 - 5. Do vourself.
 - 6. Yes, the parents must proud of their children but only on their good deeds. (Do yourself).
 - 7. We should change the bad habits of ours and have the good habits so that our parents may feel more proud of 48.

4. F

Discussion

Ans. Do yourself.

Test Yourself

Write 'T' for true and 'F' for false statements: 2. T

Ans. 1. T

Fun Time

Ans. Do yourself.

Diary Time

Ans. Do yourself.

11

Tolerance

5. F.

Work Out!

3. T

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. a. b. 3. b.

Completion

Fill in the blanks:

Ans. 1. Such was his love that he did not discriminate among the people he allowed into his ashram.

- 2. After some time, he noticed that the inhabitants of the ashram often **quarelled** with each other.
- 3. But such was his **compassion** that he could not bring himself to throw anyone out.
- 4. The incident shocked him and he returned to his hut in a **despondent** mood.
- 5. The guru then resolved to do **penance** and ask the lord for divine help.

Answer the following questions:

- **Ans.** 1. The Guru was troubled by the ashram dwellers behaviour as he noticed that the inhabitants of the ashram often quarelled with each other and the rude words he heard left him pained.
 - 2. I think being kind and courteous to those around us is more important then practising holy rituals.
 - I think so because being kind is good for myself as well as to others. If we are kind, we can help anybody without thinking about our own interest. If all the people of the world may be kind hearted nobody can be hurt in this world and will live a joyfull life.
 - 3. The Lord said the Guru "I will come in your ashram but not in my usual form. "I will always be in the ashram in the guise of the inmates. I shall always be present in the heart of one of them, it could be any one of them. By this Lord went to unite all the inhabitants of the ashram, this was the Lord's trick. Yes it will also work in today's world.
 - 4. The Guru could tell the inhabitants of the ashram that Lord is everywhere, in each person's heart and in all living things. He watches us regularly and judge our good and bad behaviour or work and he gives us punishment and reward on the basis of our doings.

Discussion

Ans. Do yourself.

Fun Time

Do Write 'Yes' or 'No':

Ans. 1. Yes 2. No 3. Yes 4. Yes 5. Yes

Diary Time

Ans. Do yourself.

Noble Deeds

Work Out!

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. c. 2. c. 3. a. 4. c.

Completion

Fill in the blanks:

Ans. 1. To reach his school Anurag had to cross this bridge **daily**.

- 2. Anurag went near the old lady and found that her knees had been **bruised** and were bleeding profusely.
- 3. Anurag led the blind lady very carefully through the bushes on the stony path so that she may not **stumble** again.
- 4. They were very grateful to Anurag and patted him on his back and **praised** him for the good deed.
- 5. His parents were worried and were **waiting** for him at the door steps.

Answer the following questions:

- **Ans.** 1. The person is handsome when he does Noble acts for someone and by helping the needy.
 - 2. Anurag helped the old lady by cleaning the wound took out his handkerchief and dressed the wounds with it. Anurag also led the blind lady very carefully through the bushes on the stony path so that she might not stumble again and he took her to reach the house.
 - 3. All the family members of old lady and Anurag's father praised Anurag.
 - 4. The blind old lady's grandson was with her, but he left her on the way because he was sick of leading her.

Discussion

Ans. Do yourself.

Test Yourself

Write 'T' for true and 'F' for false statements:

Ans. 1. F 2. T 3. T 4. T 5. T.

Fun Time

Ans. Do yourself.

Diary Time

Ans. Do yourself.

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Weakness or Strength

Work Out!

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. b.

2. a.

Completion

Fill in the blanks:

Ans. 1. The boy had lost his left arm in a horrible car accident.

- 2. The boy wanted to learn **more moves.**
- 3. The master kept teaching him **one** move.
- 4. The boy **won** the Judo match.

Work Out

Answer the following questions:

Ans. 1. The boy decided to learn Judo despite the fact that he had lost his left arm in a horrible car accident.

- 2. His master taught him only one move even after three months of training.
- 3. In the competition the boy easily won the first two matches. The third match was more difficult for him. His opponent charged at him but the boy calmly used one move and won the match. After that he entered into the final. In the final his opponent made a critical mistake, he dropped his guard. Instantly, the boy used his move to defeat him and finally the boy won the match and become the champion.

Discussion

Ans. Do yourself.

Fun Time

Ans. Do yourself.

Diary Time

Ans. Do yourself.



Love and Compassion

Work Out!

Tick Mark

Tick (\checkmark) the right option :

Ans. 1. b. 2. a. 3. b.

Completion

Fill in the blanks:

- Ans. 1. Outside this beautiful forest, there reigned a king who loved to eat meat in every single meal.
 - 2. After a while the subjects got **irritated** of this regular routine as their work and means of livelihood had begun to softer.
 - 3. They decided to grow plants, sow crops and dig water holes in the **royal** park itself.
 - 4. Each day after that, either the king or one of his hunters would shoot **arrows** at the deer.
 - 5. So they decided to send a deer to the royal palace to be **served** to the king everyday.

Work Out

Answer the following questions:

- **Ans.** 1. In each herd there were five hundred deer.
 - 2. The king deer decided to send a deer to the royal palace because they realised that each day their deer were getting wounded in great numbers and some were getting killed. Even though death was inevitable they could at least try to save the living ones from unnecessary pain and torture.
 - 3. She was worried that after she was killed there would be no one to take care of her child who was still too young to look after itself.
 - 4. The king Banyan Deer helped the female deer and told her to go and look after her baby, as they would send another deer in her place.

5. The king Banyan Deer related the story of the fawn and the mother doe and told him that as he could not order another deer to take her place, he had decided to do it himself. The king was touched with this supreme sacrifice and the great love and compassion. So he decided to spare his life along with that of the mother doe.

Discussion

Ans. Do yourself.

Fun Time

Ans. Do yourself.

Test Yourself

Write a few lines on:

- **Ans.** 1. Trees are the lungs of the world. They give us oxygen, food and wood to make our shelter. Trees are the producers in the world.
 - 2. Animals and birds are also living creatures as human beings. Without animals and birds world will become loneliness and beauty of the world will not be seen.
 - 3. Water is the most common liquid and all living things need water for survival in the world. Without water no life in the world can exists.
 - 4. Our daily used materials and things are obtained from the natural resources. Without natural resources our life will became tough and development of human beings is not possible.

Diary Time

Ans. Do yourself.